

CURRICULUM VITAE

Name:

Charles Robert Swenson, M.D.

Business Address:

P.O. Box 361
Haydenville, MA 01039

Education:

Harvard University, B.A. Degree, 1972
Yale Medical School, M.D. Degree, 1976

Positions Held:

Psychiatric Resident, Yale Medical School, 7/1/76-6/30/80
Clinical Instructor, Yale Dept. of Psychiatry, 7/80-6/82

Assistant Professor of Psychiatry
Cornell University Medical College;
Unit Chief, Borderline Unit, Extended Treatment Division,
New York Hospital, Cornell Medical Center,
Westchester Division, 7/1/82-6/30/89.

Associate Professor of Clinical Psychiatry,
Cornell University Medical College;
Director, Personality Disorders Program,
New York Hospital - Cornell Medical Center
Westchester Division, 7/1/89-1/5/96.

Director of Training,
Dialectical Behavior Therapy (DBT) Training Group,
1/96-8/97.

Senior Trainer, Behavioral Tech, 1997-2006

Private Practice of Psychiatry
White Plains, New York 1982-1996
Northampton, Mass. 1996-2008

Clinical Associate Professor of Psychiatry,
University of Massachusetts Medical College 8/97-present

Western Massachusetts Area Medical Director,
Department of Mental Health, Northampton,
Massachusetts, 8/1/97-8/2001.

Consultant to Western Massachusetts Area, Department of Mental
Health, Northampton, 2001-2008

Consultant to Vermont Department of Mental Health,
2003-2008

Consultant to Connecticut's Department of Mental Health and
Addiction Services (DMHAS), 2006-2008

**Membership in
Medical Societies:**

American Psychiatric Association
Western Massachusetts Psychiatric Society
Association for the Advancement of Behavior Therapy
Association for the Advancement of Research in
Personality Disorders

Board Certification:

American Board of Psychiatry and Neurology.
11/81.

Licensure:

Massachusetts License # 151032

Honors and Awards:

1. Americanism Gold Medal Award, 1967
(presented to one high school student in nation)
2. Presidential Scholar, State of Oregon, 1967
3. Harvard Book Award, 1967
4. Valedictorian, Lincoln High School, Portland, OR, 1967
5. Henry P. Laughlin Fellowship and Award for Merit,
presented by American College of Psychiatrists,
1980
6. Teacher of the Year Award, New York Hospital-Cornell
Medical Center, Westchester Division: 1990, 1993
7. Outstanding Educator Award,
International Society for the Improvement and
Teaching of DBT, 2004

Teaching:

1. 1980-82: Teacher of Multiple Courses for Medical Students and for Psychiatric Residents, Yale School of Medicine
2. 1982-96: Teacher of Multiple Courses for Medical Students and for Psychiatric Residents, Cornell Medical School and New York Hospital-Cornell Medical Center, Westchester Division, White Plains, New York
3. 1997-2008: Teacher and Supervisor for Psychiatric Residents, University of Massachusetts Medical School, Worcester, Massachusetts
4. 1997-2008: Teacher of Multiple Courses for the mental health staff of the public sector agencies and programs of Western Massachusetts

Research and Publications:

1. Providing a Constructive Hospitalization for a Young Child and Her Mother,

thesis submitted during medical school. (1976, 260 pp.). Available in Library, Yale Child Study Center.

2. "Modification of Destructiveness in the Long Term Inpatient Treatment of Severe Personality Disorders", Swenson C., International Journal of Therapeutic Communities. 7 (3): 1986, pp. 153-163.
3. "The Community Meeting for Inpatient Borderlines", Swenson C., Gartner J., International Journal of Therapeutic Communities. 8 (2):1987, pp. 109-11.
4. "Incest in Female Borderlines: Its Frequency and Impact", with Stone M., Unwin A., Beacham B., Swenson C., International Journal of Family Psychiatry, 9 (3), Fall, 1988, pp. 277-293.
5. "Acting Out of Separation Conflicts in Borderline Pathology: An Empirical Case Study", Handley R., Swenson C., in The Bulletin of the Menninger Clinic, 53 (1), January, 1989, pp. 18-30.
6. "Kernberg and Linehan: Two Approaches to the Borderline Patient", Swenson C., Journal of Personality Disorders, Vol. 3 (1), March, 1989, pp. 26-35.
7. "Types of Large Group Meetings in The Therapeutic Community", Swenson C., Munich R.L., Psychiatry, 52:(4), November, 1989, pp. 437-445.
8. "Forms of Fusion", In: Current and Historical Perspectives on the Borderline Patient, ed. R. Fine, Brunner/ Mazel, 1989, pp. 367-376.
9. "Issues Involved in Combining Drugs with Psychotherapy for the Borderline Inpatient", Swenson C., Johnston M., Psychiatric Clinics of North America, 13 (2). June, 1990, pp. 297-306.
10. "Supportive Elements in the Inpatient Treatment of Borderline Patients," In: Supportive Psychotherapy for Borderline Patients, L. Rockland, (ed.), Guilford Press, 1992.
11. "Il Problema dell'identificazione proiettiva", In: Il Disturbo Borderline di Personalita, C. Maffei, (ed.), Bollati Boringhieri, 1993.
12. "Die Anwendung der 'Dialektisch-Behavioralen Therapie' fur Borderline=Storungen im stationaren Bereich" (The Application of Dialectical Behavior Therapy for Borderline Personality Disorders in Hospital Treatment), Bohus M, Swenson C, Sender I, Kern I, Berger M, Psychotherapie in Psychiatrie, Psychotherapeut. Medizin un Klin. Psychologie, 1. Jahrgang 1996, Band 1, Heft 1 CIP Medien, pp. 32-43.

13. "Verso un approccio integrato di due modelli di gestione dell'esperienza emotiva del paziente borderline nel trattamento ospedaliero" (Two Inpatient Treatment Models for the Borderline Patient: Comparing and Contrasting), Swenson C, Sanderson C, In: Barone L e Maffei C (editors), Emozione E Conoscenza Nei Disturbi Di Personalita, Milano, Italy, FrancoAngeli (press), 1997.
14. The Application of Dialectical Behavior Therapy for Patients with Borderline Personality Disorder on Inpatient Units:, Swenson CR, Sanderson C, Dulit RA, Linehan MM, Psychiatric Quarterly, Vol. 72, No. 4, 2001, pp. 307-324.
15. How Can We Account for DBT's Widespread Popularity?," Clinical Psychology: Science and Practice, Volume 7, No. 1, Spring 2000, pp. 87-91
16. "Implementing Dialectical Behavior Therapy", Swenson CR, Torrey WC, Koerner K, Psychiatric Services, Volume 53, No. 2, February 2002, pp. 171-178
17. "Borderline Personality Disorder", chapter in Adult Psychopathology Case Studies, Weiner IB (editor), John Wiley Publications, 2003
18. "Dialectical Behavior Therapy on Inpatient Units", Swenson CR, Witterholt S, Bohus M, chapter in Dialectical Behavior Therapy in Clinical Practice, Dimeff LA & Koerner K (editors), Guilford Press, 2007.

Presentations and Grand Rounds:

1. Presentation: "The Concept of Phases in the Inpatient Treatment of Borderline Patient". Grand Rounds, Shepard and Enoch Pratt Hospital, Maryland March 23, 1983.
2. Presentation: "The Borderline Patient in the Medical Setting", North Central Bronx Hospital, New York, April 6, 1983.
3. Discussant, Grand Rounds, V.A. Hospitalwazzu , Yale University, Connecticut, April 29, 1983.
4. Presentation: "Inpatient Treatment of Severe Character Pathology", Grand Rounds, St. Vincent's Hospital, Harrison, New York, November 2, 1983.
5. Presentation: "Integrated Psychopharmacology of Borderline Disorders", Psychopharmacology Grand Rounds, New York Hospital- Westchester Division, Cornell Medical Center, December 14, 1983.
6. Presentation: "A Point of View on Destructiveness in the Therapy of Severe Character Disorders", Regional Educational Conference, Griffin Hospital, Derby, Connecticut on January 9, 1985.

7. Presentation: "Modification of Destructiveness in the Long Term Inpatient Treatment of Severe Personality Disorders", Clinical Conference at New York Hospital, Medical Center-Westchester Division, in July of 1985.
8. Presentation: "Modification of Destructiveness in the Long Term Inpatient Treatment of Severe Personality Disorders", Grand Rounds Hudson River Psychiatric Center, New York on November 19, 1985.
9. Presentation: "Community Meetings in the Treatment of Borderline and Narcissistic Pathology", Hospital Psychiatry Series, New York Hospital, on December 11, 1985.
10. Presentation: "Separations and Reunions in the Psychotherapy of a Borderline Patient", Grand Rounds, New York Hospital-Cornell Medical Center-Westchester Division, March 28, 1986.
11. Presentation: American Psychological Association Annual Meeting, Washington, D.C., August 23, 1986: "Borderline and Narcissistic Fusional Attachments: Theoretical and Psychotherapeutic Considerations".
12. Presentation: "Combining Supportive and Expressive Modalities in the Inpatient Treatment of the Borderline", Annual Meeting of The American Psychological Association in New York City on August 29, 1987.
13. Presentation: "Multimodal Treatment of Borderline Patients", Elmcrest Hospital, Portland, Connecticut on December 9, 1987.
14. Presentation: "Community Meetings in the Treatment of Borderline Pathology", in a Symposium of the Annual Meeting of the American Group Psychotherapy Association, February 12, 1988.
15. Presentation: "Organization of a Long Term Treatment Program for Borderline Patients", Grand Rounds, Highland Hospital, Asheville, North Carolina, on February 10, 1988.
16. Presentation: "An Integration of Behavioral and Psychodynamic Treatments of Severe Personality Disorders", at Conference: - "Personality Disorders: Which Border?," Asheville, North Carolina, September 2, 1988.
17. Presentation: "Principles and Techniques in the Treatment of the Borderline Inpatient," Grand Rounds, Kings Park Hospital, Long Island, December 15, 1988.
18. Presentation: "Projective Identification in the Inpatient Milieu," American Psychoanalytic Association, Annual Meeting, New York City, December 15, 1988.

19. Grand Rounds: St. Vincent's Hospital, Harrison, NY: "Psychodynamic and Behavioral Approaches to the Borderline Patient", September 13, 1989.
20. Presenter and Panelist, Psychodynamic Treatment of the Borderline Patient (with Otto Kernberg, M.D.), Parsippany, New Jersey, October 17, 1990.
21. Presenter and Panelist, Psychodynamic Treatment of the Borderline Patient (with Otto Kernberg, M.D.), New York Hospital-Cornell Medical Center, W.D. November 30, 1990.
22. Presenter and Panelist, Psychodynamic Treatment of the Borderline Patient (with Otto Kernberg, M.D.), Payne Whitney Clinic on January 12, 1991.
23. Presentation, "Suicide - Precursors, Risk, and Aftermath", Social Work Service, New York Hospital-Cornell Medical Center, W.D., November 7, and November 14, 1990.
24. Presentations: "Update on Borderline Disorders" and "Application of Cognitive-Behavioral Approaches to Inpatient Treatment of Borderlines," Hudson River Psychiatric Center, February 20, 1991.
25. Grand Rounds: Payne Whitney Clinic, "The Role of the Community Meeting," February 27, 1991.
26. Presentation: "Borderline Personality Disorders" at The New York State Alliance for the Mentally Ill Annual Conference, White Plains, New York, November 2, 1991.
27. Grand Rounds: Lenox Hill Hospital, New York City, Psychodynamic and Behavioral Approaches to the Borderline Inpatient," December 11, 1991.
28. Presentations: "Projective Identification" and "Integrating Behavioral and Psychodynamic Therapies in the Treatment of Borderline Patients", Seminar given at International Symposium on the Borderline Patient, Lake Garda, Italy, April 9-11, 1992.
29. Presentation: "Dynamic and Behavioral Hospital Care of the Borderline Patient", Course given at APA Annual Meeting, May 2, 1992.
30. Presentation: "Use of Dialectical Behavior Therapy for Borderline Personality Disorder" given at The National Conference on Adult Mental Health, New Orleans, LA, March 10-13, 1993.
31. Presentation: "Inpatient Application of Dialectical Behavior Therapy" given at 3rd Annual Congress of International Society for Study of Personality Disorders,

Boston, MA, September 9, 1993.

32. Presentation: "Treatment of Borderline Personality Disorder", Carrier Foundation Symposium, Bell Meade, New Jersey, April 27, 1994.
33. Grand Rounds: "Inpatient Treatment of Personality Disorders", Woodhull Medical Center, Brooklyn, N.Y. , January 4, 1995.
34. Grand Rounds: "Dialectical Behavior Therapy for Borderline Personality Disorder", Albert Einstein School of Medicine, Bronx, N.Y., January 4, 1995.
35. Grand Rounds: "Dialectical Behavior Therapy", New York State Office of Mental Health - Statewide Televised Grand Rounds, Albany, N.Y., February 1, 1995.
36. Presentation: "Time Efficient Therapy for the Borderline Patient", Institute of Living Annual Symposium, Institute of Living, Hartford, Connecticut, April 21, 1995.
37. Grand Rounds: "Dialectical Behavior Therapy", Institute of Pennsylvania Hospital, Philadelphia, Pennsylvania, June 20, 1995.
38. Grand Rounds: "Application of Dialectical Behavior Therapy for Borderline Personality Disorder", College of Physicians and Surgeons, Columbia University, New York, New York, July 7, 1995.
39. Presentation: "Dialectical Behavior Therapy", Albert Einstein Medical College and Montefiore Hospital, Symposium on Behavioral Treatment, NYC, September 15, 1995.
40. Grand Rounds: "Dialectical Behavior Therapy", Silver Hills Hospital, New Canaan, Ct., November 8, 1995.
41. Grand Rounds: "Treatment of the Inpatient Borderline", Rockland State Hospital, Orangeburg, New York, December 7, 1995.
42. Grand Rounds: "Treatment of Borderline Personality Disorder", Creedmore State Hospital, Queens, New York, February 15, 1996.
43. Presentation: "Cognitive-Behavioral Approach to Self-Injurious Behavior", Symposium on Self-Injurious Behavior, Annual Meeting of American Psychiatric Association, New York City, May 6, 1996.
44. Presentation: "Shifting from Psychodynamic Treatment to Cognitive-Behavioral Treatment", Symposium on Shifting In the 1990s, Annual Meeting of the American Psychiatric Association, New York City, May 7, 1996.

45. Course Director: Dialectical Behavior Therapy, Annual Meeting of the American Psychiatric Association, New York City, May 8, 1996, May 22, 1997.
46. Presentation: "Working with the Borderline Patient: Integrating Behavioral Strategies into Psychotherapy", in Symposium sponsored by Harvard Medical School, Integrating Psychotherapies: Approaches to Treatment, June 7-8, 1996.
47. Keynote Address: "Dialectical Behavior Therapy with Borderline Personality Disorders", Sixth European Symposium on Suicide and Suicidal Behavior", Lund, Sweden, June 12-15, 1996.
48. Presentation: "Dialectical Behavior Therapy," Montefiore Medical Center, Albert Einstein School of Medicine, Symposium on Behavioral Therapies, October 12, 1996.
49. Grand Rounds Presentation: "Dialectical Behavior Therapy", University of Massachusetts Medical Center, October 17, 1996.
50. Program Chairman, 1st Annual ISITDBT Meeting (International Society for the Improvement and Teaching of DBT), New York City, November 24, 1996, 2nd Annual ISITDBT Meeting, Miami, Florida, November 12, 1997.
51. Presentation: "Dialectical Behavior Therapy of Borderline Personality Disorder," Annual Meeting, American College of Psychiatrists, Rio del Mar Hotel and Conference Center, Puerto Rico, February 18-19, 1998.
52. Grand Rounds Presentation: "Using DBT in the Community System", Western Massachusetts Psychiatric Society, Northampton, Massachusetts, January 22, 1998.

Workshops on Borderline Personality Disorder and Related Topics

1985-2008: Direction of more than 85 workshops regarding the understanding and treatment of individuals with borderline personality disorder, with special emphasis on using psychoanalytic (1985-2000), cognitive-behavioral (1990- 2008), and inpatient or milieu-based models (1985-2008). Presented in more than twenty states of the U.S., 4 countries of Europe, and two provinces of Canada. (Contact Dr. Swenson for complete listing).

Miscellaneous Other

1. Consultant at Group Relations Conference, Holyoke, Massachusetts, February 8-10, 1985; January 29-31, 1987; February 5-7, 1988.
2. Examiner: American Board of Psychiatry and Neurology in Chicago, Illinois on October 16,17,18, 1988.

