

Cedar R. Koons, MSW, LISW
1012 Marquez Place
Suite 211-A
Santa Fe, New Mexico 87505
www.dbtsantafe.net

Education and Licenses

B.A., English, Duke University, 1971
M.S.W., University of North Carolina at Chapel Hill, 1993
L.I.S.W., New Mexico, 1998

1998 to present

Co-founder and Team Lead, Santa Fe DBT
Private psychotherapy practice in Santa Fe, New Mexico
Trainer and Consultant, Behavioral Technology LLC

1994-2004

President and Executive Director, Marie Institute, a nonprofit corporation.
Principal Investigator, Division of Vocational Rehabilitation DBT Study
Principal Investigator, Research Advisory Group Study, Department of Veterans Affairs,
Women Veterans Comprehensive Health Center, Durham VA Medical Center

Clinical Director, Dialectical Behavior Therapy (DBT) program, Women Veterans
Comprehensive Health Center, Durham VA Medical Center

Supervisor, Dialectical Behavior Therapy elective for third year psychiatry residents at
Duke University Medical Center

Sexual Trauma Treatment Team, Women Veterans Health Advisory Board

1993-1994

Social Worker and Instructor, Department of Psychiatry, Duke University Medical Center
and Behavioral Sciences Inpatient assessment and treatment for an acute general
psychiatry unit.

1990-1993

Poet in residence, Cultural Services Program, (CSP), Duke University Medical Center
Conducted weekly seminar in the Medical School on literature and medicine, ran groups
for inpatients, wrote grants funding literary projects, developed a poetry curriculum for
the employee literacy program and edited literary publications published by CSP.

1980-1990

Co-founded and ran Rainbow Water Service, a bottled water delivery service. Supervised accounting, sales and customer service staff, managed the initial computerization, employee benefits, and advertising and raised capital for new plant location. Sold the company in 1996.

Lectures and Workshops—1996-2010

Implementations

Crestwood Behavioral Health, Sacramento, California

Intensive Trainings

Co-leader, ten-day intensive DBT trainings for Behavioral Technology Transfer Group in Seattle, Washington, Rochester, New York and Newton, Kansas. Leader, ten-day intensive, Santa Fe, New Mexico, Baltimore, Maryland, Fairfax County, Virginia, Cincinnati, Ohio.

Five day intensive training (part 2) for the Department of Mental Health, State of Illinois

Two Day and Advanced Workshops

Albuquerque (4), Atlantic Beach, NC, Boston, Cincinnati, Cleveland, Columbia SC, Columbus, Greensboro, Greenville, NC, Lancaster, PA, Las Vegas, Milwaukee, North Central Illinois, Phoenix, Raleigh, Rochester, San Diego, San Francisco, Santa Fe, Silver City, NM, Syracuse, Taos, and Wichita.

International Two Day Trainings

Brisbane, Melbourne and Perth, Australia, Montreal, Canada and Yokusuka, Japan.

One Day Workshops

Albuquerque, Charlotte, Durham, Minneapolis, St. Louis, San Antonio, Santa Fe, Stockton, Taos, and Winston-Salem.

Lectures and Grand Rounds

Panelist, New Research and Adaptations of DBT, at International Society for Improvement and Teaching of Dialectical Behavior Therapy, Chicago, 2006.

Workshop Presenter, New Mexico Children's Law Institute, "Promising Treatments for Juvenile Justice" Albuquerque, New Mexico 2006

Keynote Speaker, Presbyterian Medical Services statewide meeting, "Dealing with the Difficult Patient." Albuquerque, New Mexico 2003

Workshop Presenter, “DBT Skills in Rural Mental Health,” National Association for Rural Mental Health Conference, Santa Fe, New Mexico 2002

Discussant, panel on current DBT research, International Society for Improvement and Teaching of Dialectical Behavior Therapy (ISITDBT), New Orleans, 2000.

Moderator, panel discussion “DBT Research: Implementation Problems” for International Society for the Improvement and Teaching of Dialectical Behavior Therapy (ISITDBT) New York 1999

Master Clinician Class for NASW-NM annual meeting, Albuquerque, New Mexico, 1999, and 2001.

Guest Lecturer, Southwestern College, Santa Fe, New Mexico, On treating personality disorders with behavioral treatment, 1999, 2000.

Presenter “Efficacy of Dialectical Behavior Therapy with Women Veterans,” panel discussion at Association for the Advancement of Behavior Therapy Annual Meeting, Washington, D.C. 1998

Discussant, Psychiatry Grand Rounds at Duke University Medical Center, Case Conference on “Treating Borderline Personality Disorder.”1998

Presenter, “Cool in the Crucible, Why So Much Interest in DBT?” for Social Work in the 90’s, the Challenge of Change,” sponsored by Duke University Medical Center. 1997

Lectures on “Issues of Sexual Trauma and the Woman Veteran,” for veterans groups, rape crisis centers, domestic violence prevention groups, homeless shelters, interagency councils, family counseling centers, and alcohol and drug treatment centers throughout North Carolina.1994-1998

Four-week seminar “Practice Friendly Research” for the Department of Social Work, Duke University Medical Center. 1993

“Dealing with the Difficult Patient” a lecture for each group of internal medicine interns beginning their rotations at the Durham VA Medical Center.1994

Consultations 1997-2008

Women Veterans Comprehensive Health Center, Minneapolis, Minnesota.
Mental Health and Retardation Services, Boston, Massachusetts
State of Illinois Division of Mental Health Services

Pikes Peak Mental Health Center, Colorado Springs, Colorado
Santa Fe Community Guidance Center
Taos/Colfax Community Mental Health Center
Division of Vocational Rehabilitation, State of New Mexico
St. Vincent's Hospital, Santa Fe, New Mexico
Rusk State Hospital, Rusk, Texas
Forensic Health Services, Grants Women's Prison, Grants, New Mexico
"From Chaos to Freedom" video series, NIMH (2 R42 MH58942-02)
"Don't Make it Worse!" computer-based learning DVD, NIMH (1R43 MH65790-1A1)
and NIDA (1R43 DA015615-01)
Las Cumbres Community Services, Santa Fe, NM
Hogardes Community Services, Albuquerque, NM

Publications

Koons, C.R., DBT telephone coaching; five types of calls that test limits, *Cognitive and Behavioral Practice*, (in press).

Koons, C.R., (2008) Dialectical behavior therapy, in *Borderline personality disorder: meeting the challenges to successful treatment*, Perry Hoffman and Penny Steiner-Grossman, eds., Haworth Press. Co-published simultaneously as *Social Work in Mental Health*, vol 6, num 1/2, 109-131.

Comtois, K.A., Koons, C.R., Kim, S.A., Manning, S.Y., Bellows, E., & Dimeff, L.,(2007) Implementing standard dbt in an outpatient setting, in *Dialectical Behavior Therapy in Clinical Practice*, Linda Dimeff and Kelly Koerner, eds., Guilford Press.

Koons, C.R., (2007) The use of mindfulness interventions in cognitive-behavior therapies, in *Cognitive-Behavior Therapy for Social Workers* Arthur Freeman and Tammie Ronen, eds., Springer Publications, pp. 167-186.

Koons, C.R., Betts, B.B., Chapman, A.L., O'Rourke, B., Morse, N., and Robins, C.J.,(2006), Dialectical behavior therapy adapted for the vocational rehabilitation of significantly disabled mentally ill adults, *Cognitive and Behavioral Practice*, 13, 146-156.

Ben-Porath, D.D. and Koons, C.R., (2006) Telephone coaching in dialectical behavior therapy: A decision-tree model for handling intercession contact with clients, *Cognitive and Behavioral Practice*, 12, 448-460.

Robins, C.J. and Koons, C.R., (2004) Dialectical behavior therapy for severe personality disorders, *Handbook of Personality Disorders*, Jeffrey M. Maser, ed., John Wiley and Sons, Publisher, 221-253.

Koons, C.R., Robins, C.J., Lynch T.R., Tweed, J.L., Gonzalez, A.M., Morse, J.Q., Bishop, G.K., Butterfield, M.I., Bastian, L.A.,(2001), Efficacy of dialectical behavior therapy in women veterans with borderline personality disorder, *Behavior Therapy*, 32, 371-390.

Robins, C.J, and Koons, C.R.,(2000), The therapeutic relationship in dialectical behavior therapy, chapter in *The Real World Book of Psychotherapy*, Alex Sarbo, ed., Harvard University Press, 237-266.

McIntyre, L.M., Butterfield, M.I., Nanda, K., Parsey, K., Stechuchak, K.M., McChesney, A.W., Koons, C.R., Bastian, L.A.,(1999), Validation of a trauma questionnaire in veteran women, *Journal of General Internal Medicine*, 14, 186-189.

Butterfield, M.I., Bastian, L.A., McIntyre, L.M., Koons, C.R., Vollmer, M., and Burns, B.J.,(1996) Screening for mental disorder symptoms and a history of sexual trauma and battering among women using primary health care sources, *Journal of Clinical Outcomes Measurement*, 3, (5) 55-61.

Koons, C.R., Butterfield, M.I., Bastian, L.A.,(1995) Personality disorder, recognition and management with behavior therapy or pharmacotherapy, *Primary Psychiatry*, 3, (7) 46-58.

Memberships

National Association for Social Workers

Association for the Behavioral and Cognitive Therapies

Awards

Service Award, International Society for the Improvement and Teaching of Dialectical Behavior Therapy, 2000.