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EDUCATION

1995 **Ph.D.** UNIVERSITY OF WASHINGTON, Seattle, Washington
1990 **M.S.** UNIVERSITY OF WASHINGTON, Seattle, Washington
1987 **B.A.** INDIANA UNIVERSITY, Bloomington, Indiana

CURRENT EMPLOYMENT

8/00-present **Assistant Professor.** Department of Psychiatry & Behavioral Sciences, University of Washington, Seattle, Washington.
12/01-present **Adjunct Faculty.** Department of Psychology, University of Washington, Seattle, WA.
10/95-present **Supervisor & Senior Trainer, Behavioral Tech.** Provide on-going consultation and supervision to professionals applying Linehan's Dialectical Behavior Therapy, and other empirically supported treatments (Seattle, WA).

FORMER ACADEMIC POSITIONS

8/97 – 2000 **Assistant Professor.** Department of Psychology, University of Wyoming, Laramie, Wyoming.
Adjunct Faculty. Women's Studies Department, University of Wyoming, Laramie, Wyoming.

FORMER RESEARCH POSITIONS

10/95-7/97 **Post-Doctoral Fellow.** Women's Health Sciences Division, National Center for Post-Traumatic Stress Disorder, Boston VA Medical Center. *Directors: Terence Keane, Ph.D., Jessica Wolfe, Ph.D.*
9/87-9/89;
9/93-9/95 **Research Assistant, Suicidal Behaviors Research Clinic,** University of Washington, Seattle.
Director: Marsha M. Linehan, Ph.D.
9/89-3/95 **Research Assistant, Geriatric Research Center,** University of Washington, Seattle. *Director: Linda Teri, Ph.D.*

FORMER CLINICAL POSITIONS

- 9/94-9/95 *Therapist & Clinical Supervisor, Behavioral Research & Therapy Clinics*, University of Washington, Seattle. *Principle Investigator*: Marsha M. Linehan, Ph.D.
- 7/93-6/94 *Clinical Psychology Internship Program*, Psychiatry & Behavioral Sciences, University of Washington.
- 9/91-8/92 *Clinic Intake Coordinator*, Psychological Services and Training Center, University of Washington, Seattle.
- 9/88-6/93 *Staff Therapist*, Psychological Services and Training Center, University of Washington, Seattle.
- 4/90-6/92 *Psychometrist*, Neuropsychological Laboratory, Harborview Medical Center, Seattle.

GRANTS

Current:

- 10/04-9/06 “UW Collaborative Center for the Cognitive Behavioral Treatment of Anxiety Disorders,” University of Washington, Innovation and Redesign Fund, \$97,384 (Co-PIs are Lori Zoellner, Ph.D. and Craig Sawchuk, Ph.D.)
- 10/03-9/05 “Emotional Experiencing in Women with PTSD,” National Institute of Mental Health (R03), \$146,144.
- 8/03-7/04 “Application of Behavioral Activation to Recent Trauma Survivors,” University of Washington, Royalty Research Fund, \$33,788.

Previous Awards:

- 1997-1998 “Emotional Awareness in an Undergraduate Sample: Examination of the Validity of a Commonly Used Instrument,” University of Wyoming, College of Arts & Sciences, Basic Research Grant, \$2,500.
- 1999-2000 “The Relations Between Emotional Awareness, Reactivity to Stress, and the Processing of Emotional Material,” The University of Wyoming Faculty Grant-In-Aid Award, \$4,771.

WORKSHOPS AND INSTITUTES PRESENTED

- 11/88-present *Workshops and Institutes Presented:*
Senior Trainer. Have conducted 100+ workshops on *Dialectical Behavior Therapy*, Linehan’s cognitive-behavioral therapy for borderline personality disorder; these have consisted of one-, two-, and five-day intensive training sessions, including the philosophy, techniques, and implementation of this treatment; variety of settings throughout the country, such as veteran’s hospitals, Health Maintenance Organizations, and community mental health centers; audience sizes from 25 to over 300.

COURSES TAUGHT

- Undergraduate: Personality Theory
Graduate: Treatment of Anxiety Disorders, Multicultural Issues in Clinical Psychology, Ethics, Clinical Practicum, Cognitive Behavioral Therapy, Dialectical Behavior Therapy

PROFESSIONAL MEMBERSHIPS

Anxiety Disorders Association of America
American Psychological Association
Association for the Advancement of Behavior Therapy
International Society for Traumatic Stress Studies

REVIEWS

Ad Hoc

American Journal of Psychiatry, Archives of General Psychiatry, Behavior Therapy, Cognitive & Behavioral Practice, Cognitive Therapy and Research, Comprehensive Psychiatry, Depression and Anxiety, Health Psychology, Journal of Consulting and Clinical Psychology, Journal of Nervous and Mental Disease, Journal of Personality Disorders, Journal of Traumatic Stress

Textbooks

Brooks/Cole: Pacific Grove, CA (*Theories of Personality*)
McGraw-Hill: Boston, MA (*Introduction to Clinical Psychology*)

PROFESSIONAL ACTIVITIES

1997 External Reviewer, Veterans Affairs Merit Grants
1998- Member, Program Committee for Annual Convention of the Association for the Advancement of Behavior Therapy
2005
2004 Reviewer for the Annual Meeting of the International Society for Traumatic Stress Studies
2004- Member, Program Committee for Annual Convention of the Anxiety Disorders Association of American
2005
2005 Deputy for the Annual Meeting of the International Society for Traumatic Stress Studies

PUBLICATIONS

Articles in Refereed Journals:

Ebner-Priemer, U.W., Badeck, S., Beckmann, C., **Wagner, A.**, Feige, B., Weiss, I., Lieb, K., & Bohus, M. (2005). Affective dysregulation and dissociative experience in female patients with borderline personality disorder: A startle response study. *Journal of Psychiatric Research, 39*, 35-92.

Zatzick D.F., Jurkovich, G., Russo, J., Roy-Byrne, P., Katon, W., **Wagner, A.**, Dunn, C., Uehara, E., Wisner, D. & Rivara, F. (2004). Posttraumatic distress, alcohol disorders and recurrent trauma across level I trauma centers. *The Journal of Trauma: Injury, Infection, and Critical Care, 57*, 360-366.

Zatzick, D.F., Roy-Byrne, P., Russo, J., Rivara, F., Droesch, R., Dunn, C., **Wagner, A.**, Jurkovich, G., Uehara, E., & Katon, W. (2004). A randomized effectiveness trial of stepped collaborative care for acutely injured trauma survivors. Submitted for Publication, *Archives of General Psychiatry, 61*, 498-506.

Wagner, A.W., Roemer, L., Orsillo, S. M. & Litz, B (2003). Emotional experiencing in women with posttraumatic stress disorder: Concordance between facial expressivity and self-report. *Journal of Traumatic Stress, 16*, 67-75.

Leihener, F., **Wagner, A.**, Haaf, B., Schmidt, C., Lieb, K., Stieglitz, R., & Bohus, M. (2003). Subtype differentiation of patients with borderline personality disorder using a circumplex model of interpersonal behavior. *Journal of Nervous and Mental Disease, 191*, 248-254.

Walker, E.A., Katon, W., Russo, J., Ciechanowski, P., Newman, E., & **Wagner, A.** (2003). Health care costs associated with posttraumatic stress disorder in women. *Archives of General Psychiatry, 60*, 369-374.

Roemer, L., Litz, B. T., Orsillo, S. M., & **Wagner, A. W.** (2001). A preliminary investigation of the role of strategic withholding of emotions in PTSD. *Journal of Traumatic Stress, 14*, 149-156.

Wagner, A.W., Wolfe, J., Rotnitsky, A., Proctor, S., & Erickson, D. J. (2000). The impact of post traumatic stress disorder on physical health. *Journal of Traumatic Stress, 13* (1), 41-55.

Wagner, A.W. & Linehan, M. M. (1999). Facial expression recognition ability among women with borderline personality disorder: Implications for emotion regulation? *Journal of Personality Disorders, 13* (4), 329-344.

Wagner, A.W., Logsdon, R.G., Pearson, J.L., & Teri, L. (1997). Caregiver expressed emotion and depression in Alzheimer's disease. *Aging and Mental Health, 1*, 132-139.

Wagner, A.W., Teri, L., & Orr-Rainey, N. (1995). Behavior problems of residents with dementia in special care units. *Alzheimer Disease and Associated Disorders: An International Journal, 9*, 121-127.

Wagner, A.W., Teri, L., & Orr-Rainey, N. (1995). Behavior problems among dementia residents in special care units: Changes over time. *Journal of the American Geriatrics Society, 43*, 784-787.

Wagner, A.W. & Linehan, M.M. (1994). Relationship between childhood sexual abuse and topography of parasuicide among women with borderline personality disorder. *Journal of Personality Disorders, 8*(1), 1-9.

Pearson, J., Teri, L., **Wagner, A.W.**, Truax, P., & Logsdon, R.G. (1993). The relationship of problem behaviors in dementia patients to the depression and burden of caregiving spouses. *The American Journal of Alzheimer's Disease and Related Disorders & Research, 8*(1), 15-22.

Teri, L. & **Wagner, A.W.** (1991). Assessment of depression in patients with Alzheimer's disease: Concordance between informants. *Psychology of Aging, 6*, 280-285.

Invited Book Chapters and Review Articles:

Wagner, A.W. & Linehan, M.M. (in press). Applications of Dialectical Behavior Therapy to PTSD and related problems. In V. Follette and J. Ruzek (Eds.), *Cognitive-Behavioral Therapies for Trauma (Second Edition)*. New York: Guilford.

Wagner, A.W. (in press). A behavioral approach to the case of Ms. S. *Journal of Psychotherapy Integration*.

Schraufnagel, T., **Wagner, A.**, Miranda, J., & Roy-Byrne, P. (in press). Treating minority patients with depression and anxiety: What does the evidence tell us? *Psychopharmacology Bulletin*.

Roy-Byrne, P. & **Wagner, A.** (2004). Primary care perspectives on generalized anxiety disorder. *Journal of Clinical Psychiatry, 65* (suppl 13), 20-26.

Zatzick, D. & **Wagner, A.** (2004). Evaluating and treating injured trauma survivors in trauma care systems. In B. T. Litz (Ed.), *Early Intervention for Trauma and Traumatic Loss* (pp. 263-283). New York: Guilford Press.

Wagner, A.W. (2003). Cognitive-behavioral therapy for PTSD: Applications to injured trauma survivors. *Seminars in Neuropsychiatry, 8*, 175-187.

Melia, K. & **Wagner, A.W.** (2000). The applications of Dialectical Behavior Therapy to the treatment of posttraumatic stress disorder. *National Center for PTSD Clinical Quarterly*.

Bohus, M. & **Wagner, A. W.** (1999). Dialektisch - Behaviorale Therapie früh traumatisierter Patientinnen mit Borderline-Störung (Dialectical behavior therapy for early traumatized patients with borderline personality disorder). In Egle, Hoffmann, Joraschky (Eds.), *Sexueller Mißbrauch, Mißhandlung, Vernachlässigung*. Schattauer, Stuttgart, New York, 2nd Edition.

Wagner, A.W. & Linehan, M.M (1998). Dissociation. In V.M. Follette, J.I. Ruzek, & F.R. Abueg (Eds.), *Cognitive Behavioral Therapies for Trauma* (pp. 191-225). New York: Guilford Press.

Wagner, A.W. (1998). Borderline personality disorder. In E. Blechman and A. Holstrom (Eds.), *Behavioral Medicine for Women* (pp. 770-777). New York: Guilford Press.

Koerner, K., Miller, A., & **Wagner, A. W.** (1998). DBT Part I: Principle based intervention with multi-problem patients. *Journal of Practical Psychiatry and Behavioral Health*, 4, 28-36.

Wagner, A.W. & Linehan, M.M. (1996). A biosocial perspective on the relationship of childhood sexual abuse, suicidal behavior, and borderline personality disorder. In M.C. Zanarini (Ed.), *The Role of Sexual Abuse in the Etiology of Borderline Personality Disorder* (pp. 202-223). American Psychiatric Press, Inc.: Washington, D.C.

Teri, L., Logsdon, R., **Wagner, A.W.**, & Uomoto, J. (1994). The caregiver role in behavioral treatment of depression in dementia patients. In E. Light, B.G. Niederehe, & B. Lebowitz (Eds.), *Stress Effects on Family Caregivers of Alzheimer's Patients: Research and Interventions* (pp. 185-204). New York: Springer Publishing Company.

Teri, L. & **Wagner, A.W.** (1992). Alzheimer's disease and depression. *Journal of Consulting and Clinical Psychology*, 60 (3), 379-391.

Linehan, M.M. & **Wagner, A.W.** (1990). Dialectical Behavior Therapy: A feminist-behavioral treatment of borderline personality disorder. *The Behavior Therapist*, 13(1), 9-14.

Under Review:

Wagner, A.W., Bystritsky, A., Russo, J.E., Craske, M.G., Sherbourne, C.D., Stein, M.B., & Roy-Byrne, P. Beliefs about psychiatric medication and psychotherapy among primary care patients with anxiety disorders.

Bystritsky, A., **Wagner, A.W.**, Russo, J.E., Stein, M.B., Sherbourne, C.D., Craske, M.G., & Roy-Byrne, P. (submitted). Assessment of beliefs about psychotropic medication and psychotherapy: Development of a measure for patients with anxiety disorders. *General Hospital Psychiatry*.

Zatzick, D.F., Simon, G. & **Wagner, A.W.** (submitted). Developing and Implementing Randomized Effectiveness Trials in General Medical Settings. *Clinical Psychology Science and Practice*.

PRESENTATIONS

Wagner, A. & Rizvi, S. (November, 2004). Application of Dialectical Behavior Therapy to Trauma-Related Problems. Master Clinician presentation at the 20th annual convention of the *International Society for Traumatic Stress Studies*, New Orleans, LA.

Wagner, A., Zatzick, D., Ghesquiere, A., & Jurkovich, G. (November, 2004). Behavioral activation for physically injured trauma survivors. Paper presented at the 20th annual convention of the *International Society for Traumatic Stress Studies*, New Orleans, LA.

Ghesquiere, A., Wagner, A., Russo, J., & Zatzick, D. (November, 2004). Predicting injured trauma survivors' engagement in case management. Poster presented at the 20th annual convention of the *International Society for Traumatic Stress Studies*, New Orleans, LA.

Zatzick, D., Roy-Byrne, P., Russo, J., Rivara, F., Droesch, R., Wagner, A., Dunn, C., Jurkovich, G., Uehara, E., Katon, W. (November, 2004). Effective early intervention for injury survivors: A randomized trial. Paper presented at the 20th annual convention of the *International Society for Traumatic Stress Studies*, New Orleans, LA.

Wagner, A., Melia, K., Jakupcak. (November, 2003). Applications of Dialectical Behavior Therapy to trauma-related problems. Workshop presented at the 19th annual convention of the *International Society for Traumatic Stress Studies*, Chicago, IL.

Wagner, A., Russo, J., & Zatzick, D. (November, 2002). Health utilization among injured trauma survivors. Symposium presented at the 18th annual convention of the *International Society for Traumatic Stress Studies*, Baltimore, MD.

Wagner, A., Melia, K., Roemer, L. (November, 2002). Applications of Dialectical Behavior Therapy to trauma-related problems. Workshop presented at the 18th annual convention of the *International Society for Traumatic Stress Studies*, Baltimore, MD.

Wagner, A. (September, 2002). Applications of Dialectical Behavior Therapy to the treatment of PTSD. Keynote address presented at the conference, *PTSD: Present and Future Tense: Current Issues and Innovations for a Multidimensional Disorder*, Portland, OR.

Zatzick, D. F., Russo, J. E., Roy-Byrne, P., Wagner, A. W., Fuchs, C., Rajotte, E., Mathisson, S., Uehara, E., Katon, W. (April, 2002). The Association Between Posttraumatic Stress Disorder and Functional Impairment: Does the Evidence Support Early Intervention? Paper presented at the NIMH sponsored meeting, *Evidence in Health Services Research*.

Wagner, A.W. & Zatzick, D.F. (December, 2001). The application of Dialectical Behavior Therapy and Behavioral Activation for physically injured trauma survivors. Poster presented at the 17th annual convention of the *International Society for Traumatic Stress Studies*, New Orleans, LO.

Droesch, R., Zatzick, D.F., Wagner, A.W., Dunn, C., Berliner, L., Uehara, E., & Roy-Byrne, P. (December, 2001). Targeting posttraumatic concerns in acutely injured trauma survivors. Paper presented at the 17th annual convention of the *International Society for Traumatic Stress Studies*, New Orleans, LO.

Wagner, A.W. & Jennings, P.J. (November, 2000). The relations between emotional awareness and reactivity to stress. Poster presented for the Trauma and Disaster Special Interest Group, at the 34th annual convention of the *Association for the Advancement of Behavior Therapy*, New Orleans, LO.

Jennings, P. J., Wagner, A. W., & Anderson, A. (2000). Stress-induced cortisol levels are associated with enhanced immediate recall and rapid forgetting after delay. Poster presented at the annual meeting of the Cognitive Neuroscience Society, San Francisco, CA.

Wagner, A. W. & Jennings, P. J. (November, 1999). The relations among emotional awareness, reactivity to stress, and the processing of emotional material. In L. Roemer (Chair), Experimental Investigations of Factors Impacting Emotional Processing Across Various Clinical Domains. Symposium conducted at the 33rd annual convention of the *Association for the Advancement of Behavior Therapy*, Toronto, Canada.

Wagner, A. W. & Linehan, M. M. (November, 1999). The treatment of PTSD symptoms for clients with a history of behavioral dyscontrol: Stage II DBT. In C. Zayfert (Chair), When the Cure Seems Worse Than the Disease: Helping the Highly Distressed Abuse Survivor Tolerate CBT for PTSD. Symposium conducted at the 33rd annual convention of the *Association for the Advancement of Behavior Therapy*, Toronto, Canada.

Wagner, A. W. (November, 1999). Behavioral treatment of dissociative behaviors. Workshop presented at the 3rd annual meeting of the *International Society for the Improvement and Teaching of Dialectical Behavior Therapy*, Toronto, Canada.

Wagner, A. W. (July, 1999). Dialectical Behavior Therapy. In C. Schultz (Chair), New Treatments for Borderline Personality Disorder. Symposium conducted at the 20th anniversary convention of the National Alliance for the Mentally Ill, Chicago.

Wagner, A. W. & Waltz, J. (June, 1999). Examining the construct of emotional awareness. Comparison of three approaches to measurement. Paper presented at the 11th annual convention of the *American Psychological Society*, Denver, CO.

Hirsch, J. & Wagner, A. W. (June, 1999). The role of individualism and collectivism in suicidal behavior. Paper presented at the 11th annual convention of the *American Psychological Society*, Denver, CO.

Jennings, P. J. & Wagner, A. W. (June, 1999). Stress, cortisol, and cognitive function. Paper presented at the annual meeting of the International Society for Behavioral Neuroscientists, Santorini, Greece.

Wagner, A. W. & Waltz, J. (November, 1998). What is alexithymia? Taking the validation of the alexithymia construct beyond self-report measures. In A. W. Wagner (Chair), Toward an improved understanding of alexithymia: Operationalization and clinical correlates of deficits in emotional awareness. Symposium conducted at the 32nd annual convention of the *Association for the Advancement of Behavior Therapy*, Washington, D.C.

Wagner, A. W. & Linehan, M. M. (November, 1998). Dissociation as avoidance behavior. Toward a behavioral conceptualization. Paper presented at the 32nd annual convention of the *Association for the Advancement of Behavior Therapy*, Washington, D.C.

Wagner, A.W., Roemer, L., & Litz, B. (November, 1997). Facial expressivity among women with post-traumatic stress disorder. Paper presented at the 13th annual convention of the *International Society for Traumatic Stress Studies*, Montreal, Canada.

Wagner, A.W. & Linehan, M.M. (November, 1997). Facial expression recognition among women with histories of sexual abuse and borderline personality disorder. Paper presented at the 13th annual convention of the *International Society for Traumatic Stress Studies*, Montreal, Canada.

Wagner, A.W. & Swenson, C. (November, 1997). Advanced case formulation in Dialectical Behavior Therapy. Workshop presented at the 2nd annual meeting of the *International Society for Dialectical Behavior Therapy*, Miami.

Wagner, A.W. & Linehan, M.M. (November, 1996). Facial expression recognition among women with histories of childhood sexual abuse. Poster presented at the 30th annual convention of the *Association for the Advancement of Behavior Therapy*, New York.

Roemer, L., Orsillo, S.M., Wagner, A.W., Roberts, K., Cookson, T., Kaloupek, D. & Litz, B. (November, 1996). An experimental investigation of the parameters of emotional response deficits among women exposed to interpersonal violence. Poster presented at the 30th annual convention of the *Association for the Advancement of Behavior Therapy*, New York.

Wagner, A.W. & Saxe, G. (March, 1996). Facial recognition in women with forceful childhood sexual abuse. Paper presented at the 4th annual *Harvard Research Day*, Boston.

Wagner, A.W. & Linehan, M.M. (November, 1995). Relationship between childhood sexual abuse, borderline personality disorder, and emotion knowledge. Poster presented at the 29th annual convention of the *Association for the Advancement of Behavior Therapy*, Washington, D.C.

Wagner, A.W., Linehan, M.M., & Kehrer, C.A. (November, 1991). The effect of sexual abuse on problem solving in women with borderline personality disorder. Poster presented at the 25th annual convention of the *Association for the Advancement of Behavior Therapy*, New York.

Wagner, A.W., Teri, L., & Orr, N. (November, 1990). Behavioral problems of dementia patients in Special Care Units. Paper presented at the 24th annual convention of the *Association for the Advancement of Behavior Therapy*, San Francisco.

Wagner, A.W. & Teri, L. (April, 1990). Assessment of depression in patients with Alzheimer's disease. Paper presented at the 36th annual meeting of the *Society on Aging*, San Francisco, CA.

Wagner, A.W., Linehan, M.M., & Wasson, E.J. (November, 1989). Parasuicide: Characteristics and relationship to childhood sexual abuse. Poster presented at the 23rd annual convention of the *Association for the Advancement of Behavior Therapy*, Washington, D.C.