

# ANNIE MCCALL, M.A., L.M.H.C.

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## CREDENTIALS

**Licensed Mental Health Counselor**, #LH00009236  
**Clinical Faculty Appointee**, Department of Psychology, University of Washington  
**M.A. in Psychology**, New York University, 2000  
**B.A. in English and Secondary Education**, University of Wisconsin, 1993

## CLINICAL EXPERIENCE

### **Private Practice Therapist** *2004-present*

- Treat adolescents, adults, and families
- Specialize in Dialectical Behavior Therapy

### **Co-Founder and Skills Trainer**, *Youth and Family DBT of Seattle, 2006-present*

- Lead multi-family DBT skills group for suicidal teenagers and their parents
- Member of Mapleleaf DBT Consultation Team

### **Research Therapist**, *Behavioral Research and Treatment Clinic, Seattle, WA, 2005-2008*

- Co-lead two weekly DBT skills groups of suicidal women with Borderline Personality Disorder
- Provided individual DBT therapy to opiate-addicted clients
- Employed as Clinic Coordinator, reporting to treatment developer Marsha Linehan, Ph.D.

### *Community Psychiatric Clinic, Seattle, WA, 2003-2005*

#### **Child and Family Therapist**

- Provided individual and family therapy to adults, adolescents, and children
- Conducted intake assessments, including diagnosis and treatment planning
- Provided crisis services as a member of the After-Hours Response Team

#### **Clinical Case Manager**

- Provided therapy and case management services to case load of 65 severely mentally ill adults
- Led the agency's Dialectical Behavioral Therapy skills group
- Conducted agency-wide training on the use of DBT in case management

## TRAINING EXPERIENCE

### **Contract Trainer** *Art with Heart, Seattle, WA, 2005-present*

- Provide trainings for mental health counselors and community members on topics including:
  - Tools for Managing the Aftermath of School Crisis
  - Recruiting and Facilitating Counseling Groups in Middle and High Schools
  - Chill & Spill: Utilizing Creative Arts to Inspire and Heal At-Risk Youth
  - Using Art To Heal a Child: Becoming an Art Buddy
  - Programming for Siblings of Seriously Ill and Disabled Children
- Contribute to Art with Heart's training publications:
  - *Chill & Spill: Therapist's Companion*
  - *Art Buddy Training Manual*
- Featured presenter:
  - Washington Counseling Association 2007 Fall Conference, Seattle
  - School's Out Washington 2007 Conference: Bridge from School to Afterschool and Back, Vancouver, WA
  - Child Life Conference 2008, San Diego, CA

### **Featured Presenter**

- Washington State Community Action Partnership, Family Development Conference, April 2008  
"Using DBT Strategies in Case Management"
- UW-Extension Course: Adolescent Mental Health Treatment, Liz Sullivan, Instructor, February 2008: "Introduction to DBT with Adolescents"

## **RELATED PROFESSIONAL EXPERIENCE**

### **Program Director**, *Washington Women In Need, Bellevue, WA, 2000-2003*

- Managed annual program budget of approximately \$1,000,000
- Provided crisis support and brief counseling to clients who received grants for counseling
- Used extensive knowledge of Puget Sound resources to provide referrals and assist with problem-solving
- Created and implemented “WWINers Workshops” education and networking program

### **English teacher**, *Verona Area High School, Verona, WI, 1993-1998*

Created individual learning plans and developed curricula for widely varying skill levels of grades 9-12.

- Counseled students on issues such as pregnancy, eating disorders, divorce, suicide, and grief
- Created engaging environment of self-exploration, critical thinking, and open discussion
- Honored as Wisconsin Outstanding Student Teacher of the Year

## **PUBLICATION**

- Fornari, V., Dancyger, I., Schneider, M., Fisher, M., Goodman, Beverly, B., McCall, A. “Parental Medical Neglect in the Treatment of Adolescents with Anorexia Nervosa,” *International Journal of Eating Disorders*, December 2000.

## **ADDITIONAL TRAINING**

- DBT 10-Day Intensive Training, completed January 2008
- Individual Psychotherapy in Dialectical Behavior Therapy, 2-day workshop
- Skills Training in Dialectical Behavior Therapy, 2-day workshop
- Complicated Trauma: Diagnosis and Treatment, 1-day training
- Motivational Interviewing and Related Techniques for Engaging Adolescents and Families in Behavior Change, half-day training
- Treatment for Families Experiencing Child Physical Abuse, half-day training