

## **Behavioral Tech, LLC Trainer Biosketch**

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Cedar Koons is the former Director of the DBT program at the Women Veteran's Comprehensive Health Center at the Durham Veterans Administration Medical Center in Durham, North Carolina. As adjunct faculty in the department of psychiatry at Duke University Medical Center she established a DBT elective for third year residents and conducted a randomized, controlled trial of DBT compared to usual treatment for women veterans with borderline personality disorder. In 1999, Koons founded Santa Fe Dialectical Behavior Therapy, LLC, an outpatient private practice DBT program. Santa Fe DBT provides comprehensive DBT and other evidence based treatment to adults in Santa Fe, New Mexico. Koons has conducted trainings on DBT for Behavioral Tech in the United States, Canada, Australia and Japan and published numerous articles and book chapters. She has a special interest in the teaching of mindfulness.