

Behavioral Tech, LLC Trainer Biosketch

Anthony P. DuBose, Psy.D. is a Founding Member and the President of the Evidence Based Treatment Centers of Seattle, which includes the Dialectical Behavior Therapy Center of Seattle and the Anxiety and Stress Reduction Center of Seattle. Dr. DuBose received a doctoral degree in clinical psychology from Pacific University of Oregon. He completed his predoctoral psychology internship at Western State Hospital in Lakewood, WA, and his residency requirements for psychology licensure as a postdoctoral fellow in clinical child psychology through the University of Washington's Department of Psychiatry and Behavioral Sciences. Before training as a psychologist he completed a Master of Science degree in counseling from Loyola University of New Orleans and worked as a family therapist upon completion of that degree. He is licensed as a psychologist by the state of Washington since January 1998. He developed an interest in Dialectical Behavior Therapy (DBT) when working with severely suicidal adolescents at the Child Study and Treatment Center, the state psychiatric hospital for children in Washington, where he served as director of the older adolescent program from 1997 to 2001. He worked as a research therapist in studies on DBT at the University of Washington under the direction of Marsha Linehan, Ph.D., and is a trainer for Behavioral Tech, LLC. His experience includes treatment of adults, adolescents, children, families, inpatient adolescent populations, and persons with substance use disorders. He provides training and consultation to health care professionals in the United States, Canada, Korea, and New Zealand. He holds appointments as a clinical instructor in the Department of Psychology and the Department of Psychiatry and Behavioral Sciences at the University of Washington.